



March 9 - May 18

Grab a partner & make a team name!



Initial Weigh-in:
Mon. March 9
7 to 9 a.m. or
6 to 7 p.m.



Private Facebook Group & Text Groups for reminders and motivation!



Weekly Partner Challenges



Three bonus challenges revealed each week to keep you motivated with chances to win prizes every two weeks!



Weekly Individual Challenges



Bi-Weekly weigh-ins with prizes for the top team's highest percentage of weight loss.



Grand Prize Winners: Team with the highest percentage of weight loss wins \$200 plus a curated dinner for two at Balance Restaurant!



Register here:



Members: \$30; Non-members: \$160 - Non-member pricing includes full access to the YMCA from March 9 - May 18. Become a member at the end of Lean Team and we'll waive your join fee!

GREATER JOHNSTOWN COMMUNITY YMCA | 100 Haynes Street, Johnstown, PA 15901 | 814.535.8381 | www.johnstownpaymca.org