

GYM SCHEDULE: JAN 26 – FEB 1

Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30	Saturday 31	Sunday 1
Y CLOSED	Open Gym 5:30 – 10am	Boot Camp with Jay 5:45 – 6:30 am	Open Gym 5:30 – 10am	Boot Camp with Jay 5:45 – 6:30 am	YMCA OPENS 7AM	YMCA OPENS 10AM
		Open Gym 6:30am – 2:30 pm			Open Gym 7am–9am	Open Gym 10 – 11am
	Silver Sneakers 10:00 – 11:00 am	Silver Sneakers 10:00 – 11:00 am				Girls 3&4 BBALL 11am–1pm
	Pickleball Drop-In 11 am – 2:00 pm				Boys 3&4th Grade BBALL 9am–1pm	Open Gym 1 – 4pm
Open Gym 2–5:15pm	Open Gym 2–430pm	Open Gym 11am –5pm	Open Gym 2–430pm	Open Gym 6:30 am – 4:15pm	K–2nd Grade BBALL 115– 415pm	 YMCA CLOSES 4PM
	K–2 Bbball Practice 4:30 – 5:30pm					
Biddy Sports Sampler 5:15 – 6pm	Make Up BBall Games 6–8pm	Learn to Play Pickleball (Pickleball Clinics) 5–6pm	3 & 4 Grade Bbball Practice 5:pm – 6:30pm	Biddy Sports Sampler 5:15 – 6pm		 
Advanced Pickleball 6:00 – 9:00pm	Pickup Basketball 8 –9 pm	Pickleball Drop-In 6:00 – 9:00pm	Pickup Basketball 7 – 9 pm	Safe Spaces 5:30 – 8pm	YMCA CLOSES 6PM	