

GYM SCHEDULE: JAN 5 - 11

Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9	Saturday 10	Sunday 11
Boot Camp with Jay 5:45 - 6:30 am		Boot Camp with Jay 5:45 - 6:30 am		Boot Camp with Jay 5:45 - 6:30 am	YMCA OPENS 7AM	YMCA OPENS 10AM
Open Gym 6:30 - 10:00 am	Open Gym 5:30 - 10am	Open Gym 6:30am - 2:30 pm	Open Gym 5:30 - 10am		Open Gym 7am-9am	Open Gym 10 - 11am
Silver Sneakers 10:00 - 11:00 am	Silver Sneakers 10:00 - 11:00 am	Silver Sneakers 10:00 - 11:00 am	Silver Sneakers 10:00 - 11:00 am			Girls 3&4 BBALL 11am-1pm
	Pickleball Drop-In 11 am - 2:00 pm		Pickleball Drop-In 11 am - 2:00 pm		Boys 3&4th Grade BBALL 9am-1pm	Open Gym 1 - 4pm
Open Gym 11am - 515pm	Open Gym 2-430 pm	Open Gym 11am -5pm		Open Gym 6:30 am - 4:15pm		
	K-2 Bball Practice 4:30-5:30pm		K-2 Bball Practice 4:30-5:30pm	Girls 3&4 BBALL Practice 4:15 - 5:15pm	K-2nd Grade BBALL 115- 415pm	
Biddy Sports Sampler 5:15 - 6pm	Open Gym 530-7pm	Learn to Play Pickleball (Pickleball Clinics) 5-6pm	3&4 Grade Bball Practice 5pm-6:30pm	Biddy Sports Sampler 5:15 - 6pm		
Advanced Pickleball 6:00 - 9:00pm	Pickup Basketball 7 - 9 pm	Pickleball Drop-In 6:00 - 9:00pm	Pickup Basketball 7 - 9 pm	Safe Spaces 5:30 - 8pm	YMCA CLOSES 6PM	