


GYM SCHEDULE: JAN 5 - 11

Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9	Saturday 10	Sunday 11			
Boot Camp with Jay 5:45 – 6:30 am	Open Gym 5:30 – 10am	Boot Camp with Jay 5:45 – 6:30 am	Open Gym 5:30 – 10am	Boot Camp with Jay 5:45 – 6:30 am	YMCA OPENS 7AM	YMCA OPENS 10AM			
Open Gym 6:30 – 10:00 am		Open Gym 6:30am – 2:30 pm			Open Gym 7am–9am	Open Gym 10 – 11am			
Silver Sneakers 10:00 – 11:00 am		Silver Sneakers 10:00 – 11:00 am			Silver Sneakers 10:00 – 11:00 am	Boys 3&4th Grade BBALL 9am–1pm	Girls 3&4 BBALL 11am–1pm		
Open Gym 11am – 515pm	Pickleball Drop-In 11 am – 2:00 pm	Pickleball Drop-In 11 am – 2:00 pm	Open Gym 1 – 4pm						
	Open Gym 2 – 430 pm	Open Gym 11am – 5pm			Open Gym 2 – 430pm		K–2nd Grade BBALL 115– 415pm		
						K-2 Bbball Practice 4:30 – 5:30pm		Girls 3&4 BBALL Practice 4:15 – 5:15pm	
				Open Gym 530–7pm					Learn to Play Pickleball (Pickleball Clinics) 5–6pm
Advanced Pickleball 6:00 – 9:00pm	Pickup Basketball 7 – 9 pm	Pickleball Drop-In 6:00 – 9:00pm	Pickup Basketball 7 – 9 pm		Safe Spaces 5:30 – 8pm				



YMCA CLOSES 4PM

