


GYM SCHEDULE: JAN 5 - 11

Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9	Saturday 10	Sunday 11			
Boot Camp with Jay 5:45 – 6:30 am	Open Gym 5:30 – 10am	Boot Camp with Jay 5:45 – 6:30 am	Open Gym 5:30 – 10am	Boot Camp with Jay 5:45 – 6:30 am	YMCA OPENS 7AM	YMCA OPENS 10AM			
Open Gym 6:30 – 10:00 am		Open Gym 6:30am – 2:30 pm			Open Gym 7am–8am				
Silver Sneakers 10:00 – 11:00 am		Silver Sneakers 10:00 – 11:00 am			Silver Sneakers 10:00 – 11:00 am		Boys 3&4th Grade BBALL 8am–2pm	Girls 3&4 BBALL 10am–4pm	
Open Gym 11am – 6pm	Pickleball Drop-In 11 am – 2:00 pm	Open Gym 11am – 5pm	Pickleball Drop-In 11 am – 2:00 pm		Open Gym 6:30 am – 5:30pm	K–2nd Grade BBALL 2 – 7pm	 YMCA CLOSES 4PM 		
	Open Gym 2–530 pm		Learn to Play Pickleball (Pickleball Clinics) 5–6pm					Open Gym 2–7pm	
Advanced Pickleball 6:00 – 9:00pm	Pickup Basketball 7 – 9 pm	Pickleball Drop-In 6:00 – 9:00pm	Pickup Basketball 7 – 9 pm	Safe Spaces 5:30 – 8pm	YMCA CLOSES 6PM	