

GYM SCHEDULE: JAN 5 - 11

Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9	Saturday 10	Sunday 11
Boot Camp with Jay 5:45 - 6:30 am		Boot Camp with Jay 5:45 - 6:30 am		Boot Camp with Jay 5:45 - 6:30 am	YMCA OPENS 7AM	
Open Gym 6:30 - 10:00 am	Open Gym 5:30 - 10am	Open Gym 6:30am - 2:30 pm	Open Gym 5:30 - 10am		Open Gym 7am-8am	YMCA OPENS 10AM
Silver Sneakers 10:00 - 11:00 am	Silver Sneakers 10:00 - 11:00 am	Silver Sneakers 10:00 - 11:00 am	Silver Sneakers 10:00 - 11:00 am			
	Pickleball Drop-In 11 am - 2:00 pm		Pickleball Drop-In 11 am - 2:00 pm		Boys 3&4th Grade BBALL 8am-2pm	Girls 3&4 BBALL 10am-4pm
Open Gym 11am - 6pm	Open Gym 2-530 pm	Open Gym 11am -5pm		Open Gym 6:30 am - 5:30pm		
	Bball Practice 5:30-6:30pm	Learn to Play Pickleball (Pickleball Clinics) 5-6pm	Open Gym 2-7pm		K-2nd Grade BBALL 2 - 7pm	YMCA CLOSES 4PM
Advanced Pickleball 6:00 - 9:00pm	Pickup Basketball 7 - 9 pm	Pickleball Drop-In 6:00 - 9:00pm	Pickup Basketball 7 - 9 pm	Safe Spaces 5:30 - 8pm	YMCA CLOSES 6PM	