

GYM SCHEDULE: NOV 24 - 30

Monday 24	Tuesday 25	Wednesday 26	Thursday 27 (YMCA CLOSED)	Friday 28	Saturday 29	Sunday 30		
Boot Camp with Jay 5:45 – 6:30 am	Open Gym 5:30 – 10am	Boot Camp with Jay 5:45 – 6:30 am	Open Gym 5:30 – 10am	Boot Camp with Jay 5:45 – 6:30 am	YMCA OPENS 7AM	YMCA OPENS 10AM		
Open Gym 6:30 – 10:00 am		Open Gym 6:30 – 10:00 am		Open Gym 6:30 am – 515 pm	Open Gym 7am-12pm			
Silver Sneakers 10:00 – 11:00 am	Silver Sneakers 10:00 – 11:00 am	Silver Sneakers 10:00 – 11:00 am	Boys Basketball League 12 – 3pm			Girls Basketball League 10am – 4pm		
Open Gym 11am – 6pm	Pickleball Drop-In 11 am – 2:00 pm	Open Gym 11am – 5pm			Pickleball Drop-In 11 am – 2:00 pm			
	Open Gym 2–5 pm		Open Gym 2–5:45 pm		Open Gym 3–6pm			
Biddy Sports Sampler 5:15–6pm	YMCA Girls Basketball Team Practice 5–6 pm	Learn to Play Pickleball (Pickleball Clinics) 5–6pm	YMCA Boys Basketball Team Practice 5:45–6:45 pm	Biddy Sports Sampler 5:15–6pm				
Advanced Pickleball 6:00 – 9:00pm	Pickup Basketball 6 – 9 pm	Pickleball Drop-In 6:00 – 9:00pm	Pickup Basketball 7 – 9 pm		YMCA CLOSING 6PM			